Say hello to our vegan menu

Antipasti

Bruschetta 7.95

Bruschetta ai funghi 8.75

vine-ripened tomatoes, basil, garlic + olive oil

toasted sourdough with diced, fresh toasted sourdough with mushrooms slowly cooked in garlic, a dash of wine + olive oil

Zuppa £8.65

freshly created soup served with toasted sourdough croutons

Zucchine Ripiene £10.75

round courgettes, stuffed with aubergine chutney, pine nuts, capers, olives + vegan mozerella

Verdure Miste £9.45

roasted courgettes, oyster mushrooms, aubergines + red peppers; dressed with olive + fresh mint, served chilled

Pasta

Tofu Ravioli £14.95

soft pasta squares, filled with tofu, spinach, walnuts, parmesan (vg) + nutmeg; served with a tomato + basil sauce

Butternut Squash Ravioli £14.95

Soft pasta squares filled with butternut squash and sage; served with a tomato + basil sauce

Penne Zucchine £14.25

roasted courgettes, vegan butter + vegan parmesan

Ai Funghi £14.95

oyster, porcini, cup mushrooms cooked with garlic, olive oil, chilli + white wine

Puttanesca £14.95

olives, capers, chilli + garlic, in a tomato sauce

Penne Arrabiata £14.25

slowly cooked tomato + chilli sauce





Verdis Italian Kitchen Clarence Park, St Albans

Risotto + Salad

Asparagus Risotto £14.95

tender asparagus, white wine and vegan parmesan

Mushroom Risotto £14.95

wild mushrooms, slowly cooked with white wine and vegan parmesan

Hearty Warm Salad £14.75

roasted peppers, sweet potato + butternut squash, baby spinach, tomato, cucumber, served with a roasted portobello mushroom, bulghur wheat, chickpeas, lemon zest + olive oil



Margarita £12.95

vegan mozzarella, tomato + fresh oregano

Funghi £13.85

vegan mozzarella, tomato + mushrooms

Casarecia £13.95

vegan mozzarella, tomato, spinach, mushrooms, onion, garlic + peppers

Carciofo £13.95

vegan mozzarella, tomato + artichoke



Fresh green vegetables £5.75

choose from asparagus + tender broccoli, or French beans served cold with lemon + olive oil or pan-fried, with chilli + garlic

Insalate Verde £5.75

lettuce, cucumber + green peppers

Insalate di pomodoro £5.75

Tomatoes, red onions, olive oil + basil

Ruccola e pomodoro £5.75

Rocket, tomatoes + crumbled parmesan

Verdura £5.95

grilled mediterranean vegetables

Patate £5.95

sautéed potatoes

Chips £5.25

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